

Lista de Recusos para La Comunidad de Burke

Burke County Health Department 828-764-9150
700 E. Parker Road Morganton, N.C. 28655
Health Director: Danny Scalise 828-764-9160

Burke County Department of Social Services
828-764-9600
700 E. Parker Road Morganton, N.C. 28655

Burke County United Way 828-433-0681
301 East Meeting Street Morganton, NC 28655

Burke County Sheriff's Department 828-438-5500

SERVICIOS DE ASISTENCIA PARA EMERGENCIAS
Centro de Respuesta Nacional Y Línea al Terrorismo
828-424-8802

Servicios de Emergencia

Burke County Sheriff's Office
Rutherford College 828-874-3400
Hildebran 828-397-4600
Morganton 828-322-5035
Emergency Management 828-433-6609
Burke County Rescue Squad
(for non-emergency) 828-437-0730

Emergencia/Plan de Desastre

American Red Cross 828-438-8844 or 828-437-1911 (nights /
weekends / Holidays)

Oficina de Servicios Medicos de Emergencia

Poison Control Center 1-800-222-1222

ASISTENCIA PARA LA FAMILIA Y FINANCIAL

Aplicar para Asistencia Publica

Burke County Department of Social Services
828-764-9600
NC Family Health Resource – for Health Check/Health Choice
1-800-367-2229
Health Check/Health Choice of Burke County
828-439-4429

Avuda de Emergencias para La Familia

Burke County United Way 828-433-0681
Salvation Army (Morganton) 828-430-8392
(Hickory) 828-322-8061

Servicios de Empleos

Employment Security Commission 828-438-6161

Seguridad de Ingresos Suplementarios e Ingreso de Seguro Social para Discapacitados

Social Security Administration 1-800-772-1213

Servicios Legales

Legal Aid of NC –Morganton 828-437-8280 or
1-800-849-5195
Legal Services of North Carolina 1-919-856-2564
NC Bar Association (Raleigh) 1-800-662-7407
Lawyer Referral Service 1-800-662-7660

Avuda de Servicios Médicos

Burke County Medicaid/Medicare Services 828-439-2000
Burke County Prescription Assistance 1-877-321-2652
Medicare Social Security Administration 1-800-772-1213
Partnership for Prescription Assistance 1-888-477-2669

COMIDA Y NUTRICION

Bancos de Comida

Burke United Christian Ministries 828-433-8075
The Outreach Center 828-439-8300
United Way 1-888-892-1162

Comida Gratis

Burke United Christian Ministries 828-433-8075

Program Nutricional (WIC) para Mujeres, Infantes y Niños

Burke County Health Department 828-764-9600

Asistencia de Comidas Y Nutricional para Ancianos

Valdese Community Center 828-879-2132
Blue Ridge Community Action, Inc. 828-438-6255 x226
Meals on Wheels (Catawba County) 828-695-4435

VIVIENDA y ALBERGUE (REFUGIO)

Asistencia para el Servicio Público (Agua) y Luz

Burke United Christian Ministries 828-433-8075
Department of Social Services 828-764-9600
East Burke Christian Ministries 828-397-7074

Reparaciones de Calentadores de Hogar

Blue Ridge Community Action, Inc. 828-438-6255 x226
Heating Appliance Repair and Replacement Program (HARRP)

Vivienda Pública y Subsidiaria

Habitat for Humanity of Burke County 828-437-7844
Housing Authority (Morganton) 828-437-9101
(Valdese) 828-874-0098

Asistencia para Encontrar Apartamentos de Bajo Costo

Blue Ridge Community Action, Inc. 828-438-6255 x226

TRANSPORTACIÓN

Asistencia de Transporte para Individuos con Discapacidades

Western Piedmont Regional Transit Authority 828-464-9444
Handi-Care 828-437-8429
Specialized Transport
(Conover) 828-441-2000

SALUD DE LA FAMILIA Y COMUNIDAD

Clinicas Gratis

Good Samaritan Clinic 828-439-9948 or 9945

Atencion de salud primaria/Salud mental/Abuso de sustancia

Burke Integrated Health 828-624-0300
Mountain Valley Health Center 828-433-0225
Valdese Family Medicine 828-874-1316
Burke Recovery 828-433-1221

Cuidado de la Salud del Niño, Desarrollo y Avuda

Burke County Health Department 828-764-9220
Burke County Safe Kids 828-764-9219
Child Care Connections of Burke County, Inc.
Infant/Toddler Enhancement Project 828-439-2328
Child Care Resources, Inc. 1-919-563-3331
Children's Developmental Services Agency 828-432-5430
(Hickory) 828-466-5594
Early Intervention Services for the Deaf and
Hard of Hearing 828-438-5352 or 828-432-5430
Exceptional Children 828-439-4332
Instructional Assistance 828-433-1321
Family, Infant, and Preschool Program 1-800-822-3477
Family Place 828-433-2660 or 2661
The Riddle Institute 828-635-1479
Health Check/Health Choice of Burke County 828-439-4429
NC Children's Special Health Services
Special Needs Helpline 1-800-737-3028
NC Family Health Resource Line 1-800-367-2229
Health Insurance for children and teens
The Morganton/Hickory Children's Development Agency
(CDSA) (Morganton) 828-432-5430
(Hickory) 828-466-5594

Avuda de Pension Alimenticia para el niño

Child Support 828-764-9626
Child Support Payment - Information 1-800-992-9457

Servicios para Cuidar Niños/Subsidios

Blue Ridge Community Action, Inc. 828-438-6255 or
Call Circle of Friends Daycare 828-879-2367
Children's Resource Center (in Catawba County) 828-328-8228
Generations Day Care 828-758-4290 Ext 12 or 13 / 828-438-
6255 Ext 228/206

Avuda para la Salud de la Mujer

Burke County Health Department 828-439-4400
Catawba Mammography Center 828-326-3858
NC Family Health Resource Line 1-800-367-2229
(TTY) 1-800-976-1922
NC Breast & Cervical Cancer Control Prog. 1-800-662-7030
(TTY) 1-877-452-2514
Women's Resource Center (Catawba) 828-322-6333

Salud del Hombre

Burke County Health Department 828-764-9150

Consejería e Asesoría para la Familia

Burke United Christian Ministries 828-433-8075
Family Guidance 828-438-3880
Family Guidance Center (Hickory) 828-322-1400
Mimosa Christian Counseling Center 828-433-5600
Repay, Inc. (The Journey Counseling Center) 828-437-6268 or
828-438-6218 828-443-3270 (mobile)

Servicios de Ayuda a los Padres

Burke County Literacy Council 828-437-7477

Centro para la Buena Salud Física

Phifer Wellness Center 828-580-6600
Curves 828-430-7039
Quest4Life Wellness Center (Lenoir) 828-758-8753

SERVICIOS PARA JOVENES

Servicios para Adolescentes con Problemas

National Runaway Switchboard 1-800-621-4000 or
Instructional Assistance 828-433-1321
Juvenile Justice and Delinquent Prevention 828-433-7893
Parent Resources Hotline 1-800-793-5156
North Carolina Cooperative Extension 828-764-9480
Parent Options- National 1-800-828-8173

Programas de Mentores

Burke County 4-H Foundation 828-439-4460
Big Brother/Sisters 828-430-8357
Repay, Inc. (Just Girls Program) 828-437-6268

Servicios para Jovenes con Discapacidades

Discapacitado Mental: J. Iverson Riddle Development Center
828-433-2731
Servicios para Sordos: NC School for the Deaf 828-432-5200
828-433-2901 (TTY) 828-432-5201

Embarazo en Adolescentes

Pregnancy Care Center 828-437-4357

ADOPCIÓN Y CUIDADO DEL NIÑO ADOPTIVO

Department of Social Services 828-764-9600
Foster Care Service 1-800-662-7030 ext 4622 or
1-919-733-4622
Foster Home Recruitment 828-438-3140
Home for Hearts, Inc. 828-430-3140
Act of Caring Adoption Facilitator 1-800-556-5635
Accredited Adoption Attorney 1-800-637-2882
Adoption with Love 1-800-722-7731
Adoption Division –Catholic Social Services (Charlotte) 1-704-
370-6155

SERVICIOS PARA EL ADULTO MAYOR

Blue Ridge Community Action, Inc. 828-438-6255 x230
(Quaker Meadows Generations – Adult Daycare)
Burke County Senior Center 828-437-1201
Western Piedmont Regional Transit Authority. 828-464-9444
Morganton/Burke Senior Center 828-430-4147
Senior Adult Information & Referral 828-439-2096

American Association of Retired Persons (AARP)
(Morganton) 828-430-4147
(Hickory) 828-328-2269
Toll Free 1-800-424-3410
Adult Life Programs, Inc. 828-324-1313
Medicaid 828-439-2000
Medicare/Social Security Administration 1-800-772-1213
Western Piedmont Area Agency on Aging 828-322-9191

SITIOS PARA EL CUIDADO DE LA SALUD

Blue Ridge Health Care
Grace Hospital 828-437-1275 828-580-5000
24-hour Emergency Service 828-580-6025
Valdese General Hospital 828-874-2251
24-hour Emergency Service 828-879-7532
Caldwell Memorial Hospital 828-757-5100
Catawba Valley Medical Center 828-326-3000
Frye Regional Medical Center 828-315-5000

CUIDADO PALIATIVO

Burke County Hospice 828-879-1601 or 828-893-0297
Caldwell Hospice and Palliative Care 828-754-0101

PREVENCIÓN DE ENFERMEDADES

Prevención y Control del Cancer

American Cancer Society (Catawba) 828-328-3581 828-315-
5668 1-800-227-2345 (1-800-ACS-2345)
American Lung Association 1-800-586-4872
Leukemia Society of America (Charlotte) 1-704-998-5012

Control de Enfermedad Comunicable

Burke County Health Department 828-439-4400
NC Center for Disease Control 1-800-232-4636
1-800-232-6348 (TTY)

Control y Prevención para la Diabetes

American Diabetes Association (Raleigh) 1-919-743-5400
Or 1-888-342-2383 (1-888-DIABETES)
Blue Ridge Diabetic Education 828-580-6783
National Diabetes Information Clearinghouse 1-800-860-8747

Prevención de Enfermedades del Corazon y Derrames

American Heart Association 1-800-242-8721 or
(Charlotte) 1-704-374-0632
Heart Center (Wake Forest Baptist Medical Center) 1-800-446-
2255

Immunización (Vacunas)

Burke County Health Department 828-764-9150

Salud Oral

Good Samaritan Clinic 828-439-9938

Enfermedades Transmitidas Sexualmente (STD's)

Burke County Health Department 828-439-4400

AIDS Leadership Foothills-Area Alliance (ALFA)
1-800-473-1447 or 828-326-2384 or 2385 (for free HIV
Counseling and Testing)
AIDS & HIV Confidential Testing – Next Day Results
1-800-501-9802
C.D.C. National AIDS Hotline
Toll Free (24 hrs) 1-800-342-2437
SIDA (In Spanish) 1-800-344-7432
Text Telephone (TDD) 1-800-243-7889

Otros Servicios

Alzheimer's Association, Inc. 828-254-7363
Alzheimer's Association (Foothills Area) 828-267-7100
Alzheimer's Information and Referrals 1-800-272-3900
Epilepsy Information Service 1-800-642-0500
Kidney Foundation - National 1-704-552-1351 or
1-800-356-5362
National Parkinson Foundation 1-800-522-8855
Physician Referral Service (Hickory) 828-324-2273
Weight Management at Blue Ridge Healthcare 828-580-6600
Weight Management Center (Wake Forest Baptist Med. Ctr.)
1-800-446-2255

ALCOHOL, TABACO Y OTRAS DROGAS

Alcohol y Otras Drogas

Burke Council on Alcoholism and Chemical Dependency
828-433-1221
Alcohol Abuse Helpline 1-800-505-0964 (24-hours)
Alcohol 24-hour Abuse & Crisis Intervention Center
1-800-299-6310
Alcohol 24-hour Hotline and Addiction Treatment
1-800-311-3069
Alcohol Information Center 828-433-1221
Alcoholics Anonymous 828-433-4440 or 1-888-671-1262
24-hour Addictions Referral Network 1-800-577-4714
National Drug and Alcohol Treatment
Referral Hotline 1-800-662-4357 (1-800-662-HELP)
TDD 1-800-228-0427
National Clearinghouse for Alcohol and Drug Information
1-800-729-6686
Celebrate Recovery @CUMC 828-294-6858 x208

Prevención y Tratamiento de Abuso de Substancias

Burke Council on Alcoholism 828-433-1221
Foot Hills Detox / Crisis 1-800-942-1797 or 828-432-2846
McLeod Addiction Disease Center 828-464-1172

Repay, Inc. 828-437-6268

For Secure Continuous Remote Alcohol Monitoring
(SCRAM) program, and Journey Counseling Center
Geitner Home for Women (Halfway House for Women with
Alcohol and Drug Problems) – Hickory 828-328-6250
National Substance Abuse Helpline 1-800-662-4357

Prevención del Uso de Tabaco y Fumado

National Quitline 1-800-7848-669 (1-800-QUIT-NOW)

SERVICIOS DE SALUD MENTAL

Broughton Hospital 828-433-2111
Burke County Mental Health 828-438-6226
Cognitive Connections 828-327-6026
Foothills Area Authority 828-438-6230 or 1-877-327-2593
Frye Regional Medical Center Behavioral Healthcare
828-328-2226
J. Iverson Riddle Development Center 828-433-2731
Catawba Area Program 828-326-5900

SERVICIOS PARA PERSONAS CON DISCAPACIDADES

Servicios para Ciegos

Aid To The Blind 828-439-2000 or 828-874-1020
Leader Dogs for the Blind 1-888-777-5332
NC Eye and Human Tissue Bank 1-336-765-0932 (Winston
Salem, NC)
NC Library For the Blind and Physically Handicapped (Raleigh,
NC) 1-888-388-2460 1-919-733-4376
NC Lions Foundation 1-800-662-7401

Servicios para Sordos

NC School for the Deaf 828-432-5200 828-433-2901
(TTY) 828-432-5201
NC Division of Services for the Deaf and the Hard of Hearing
828-432-5335 or 828-432-5336 (TTY)
1-800-999-8915 or 1-800-205-9920 (TTY)
NC Lions Foundation (for Hearing Aid) 1-800-662-7401 x224

Mentalmente Discapacitado

J. Iverson Riddle Development Center 828-433-2731

Físicamente Discapacitado

Independent Living Rehabilitation Program 828-294-0338
NC Library For the Blind and Physically Handicapped (Raleigh,
NC) 1-888-388-2460 1-919-733-4376

Servicios de Rehabilitación

Western Regional Vocational Rehabilitation 828-433-2423

Otros Servicios (Programa de Voz Alentadora por Telefono)

T.A.B (Telephone Assurance of Burke) Program (Burke
County Senior Center) 828-430-4147

VIOLENCIA, ABUSO O NEGLIGENCIA

Abuso al Niño y negligencia

Abuse Treatment Program 828-438-3800
Burke County Department of Social Services 828-439-2000
For Emergency 828-439-2009
Burke County Child Neglect & Abuse Reports Hotline
828-439-2009
Child Abuse/Neglect (Catawba County)
24 hours a day, 7 days a week 828-324-9111
National Child Abuse Hotline 1-800-422-4453

Violación o Asalto Sexual

Burke United Christian Ministries 828-433-8075
Options, Inc. (24-hours) 828-438-9444
Aid to Victims of Sexual Assault
Rape Crisis & Domestic Violence
Rape Crisis Center of Catawba 828-322-6011
Careline-State Human Resources 1-800-662-7030

Asesoría o Consejería para Crisis

Options, Inc. (24-hours) 828-438-9444
Careline - State Human Resources (Raleigh) 1-800-662-7030

Asesoría para Justicia Criminal

Repay, Inc. 828-438-6218
For Sentencing and Pretrial services, and Genesis Project

Violencia Domestica (Abuso del Esposo)

Options, Inc. (24-hours) 828-438-9444
Family Guidance Center (Hickory) 828-322-1400
National Domestic Violence Hotline 1-800-799-7233 (24-hours)
1-800-787-3224 (Call 911 if you are in immediate danger)
Care-Line 1-800-662-7030

Albergues (Refugios)

Options, Inc. (Battered Women Shelter 24-hours) 828-438-9444

The Meeting Place (Shelter for homeless men) 828-439-9921

Servicios de Intervención y Prevención de la Violencia

Repay Inc. (Sexual Abuse Intervention Services) 828-437-6268

Abuso y Negligencia a Individuos con Discapacidades y Abuso o Explotación del Anciano

Burke County Department of Social Services 828-439-2000

SERVICIOS PARA VETERAMOS

Burke County Veterans Services 828-439-4373
Disabled American Veterans (Raleigh) 1-919-833-5567
Veterans Regional Office (Benefits & Information)
1-800-827-1000

SERVICIO DEL MEDIO AMBIENTE

Burke County Health Department 828-764-9150 or
828-764-9240
Burke County Landfill 828-433-9500

CONTROL DE ANIMALES

Burke County Animal Control 828-438-5465 828-438-2782
BC Friends for Animals Adoption Center 828-433-1115

OTROS SERVICIOS DECONSUMIDOR

Blue Ridge Community Action 828-754-9085
Consumer Credit Counseling Service 828-438-3880
Consumer Product Safety 1-800-638-2772
Consumer Protection Section of Attorney General's Office
(Raleigh, NC) 1-919-716-6000
Federal Trade Commission (Consumer Advise)
1-877-382-4357 (TTY) 1-866-653-4261

ID Theft 1-877-438-4338
Burke County Chamber of Commerce 828-437-3021
Burke County Libraries
Hildebran 828-397-3600
Morganton 828-437-5638
Valdese 828-874-2421
Voter Registration 828-433-1703

Updated: 10/15/12 A.Simmons