

Car Seat Checking Stations

Car seat checks involve checking current installation of child safety seats, checking for recalls and, if needed, a demonstration on how to properly install a child safety seat.

Car seat checks are held at the Health Department every Tuesday and Thursday from 9am-11am or 3pm-4pm. Please call for an appointment at any other time:

- **George Hildebran Fire & Rescue**
(7470 George Hildebran School Rd,
Connelly Springs)
828-874-4610
- **Morganton Department of Public Safety**
(840 Burkemont Ave, Morganton, NC 28655)
828-437-1211
- **Valdese Fire Department**
(121 Faet Street, SW , Valdese)
828-879-2103
- **Burke County Health Department**
828-764-9219

We sell new car seats at reduced prices:

- Convertibles (Rear & Forward Facing)
\$60.00
- Combinations (Forward facing & belt positioning booster) \$60.00
- High Back Boosters \$30.00
- No Back Boosters \$20.00



Safe Kids Burke County Coalition Members

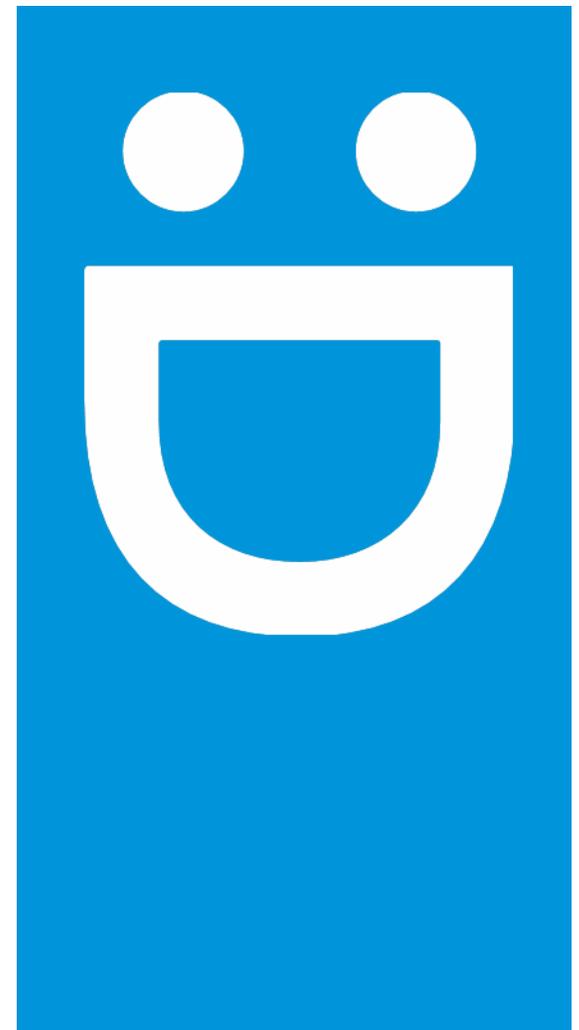
- Burke County EMS
- Burke County Fire Marshal's Office
- Burke County Health Department
- Burke County Sheriff's Office
- Community Advocates
- Early Head Start
- George Hildebran Fire & Rescue
- Morganton Department of Public Safety
- Valdese Fire Department

**For more information about
Safe Kids Burke County or how
you can join our
coalition contact:**

Kimberly Scales, Safe Kids Coordinator
Burke County Health Department
700 E. Parker Rd.
Office: 828-764-9219
Website: <http://tinyurl.com/safekidsbc>



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**SAFE
KIDS
BURKE COUNTY**

Safe Kids Burke County is part

of a global network of organizations whose mission is to prevent unintentional childhood injury. Safe Kids Burke County targets these risk areas:

- Bike and Helmet Safety
- Child Passenger Safety
- Fire Safety
- Medication Safety
- Pedestrian Safety

By educating our community, we can **prevent unintentional injuries** in children and create a safer environment.

Please contact us if you would like a presentation on one of these risk areas for your group or if you are interested in working with Safe Kids Burke County.



Childhood Injury Prevention

What you can do:

Preventable injury is the number one killer of children ages 14 and under.

Make sure your kids ride safely

- Make sure your children:
- Always wear a bike helmet when riding a bike
- Use proper restraining devices in cars
- Visit one of our permanent checking station for a car seat check.

Help prevent burns and fires

- Install working smoke alarms
- Plan/practice an escape route
- Never leave children alone in the kitchen

Keep your kids safe around medicine

- Store medicines safely– put all medicines up and away and out of sight, including your own and vitamins
- Close medicine caps tightly after use
- Put the Poison Help Number into your home and cell phones: 1-800-222-1222.

Keep your kids safe as pedestrians

- Teach your children how to walk and cross safely
- Holds hands while crossing and in parking lots

Do the Family Safety Check

- Our family buckles up on every car ride.
___ Yes ___ No
- Our family always wears the right safety gear whenever riding bikes, skating, or playing sports.
___ Yes ___ No
- No one in our family under the age of 10 crosses streets alone.
___ Yes ___ No
- Kids are supervised at all times, especially in or near water.
___ Yes ___ No
- Our home has working smoke alarms on every level and in every sleeping area. We check the batteries monthly.
___ Yes ___ No
- Kids are protected against falls from windows, stairs, furniture, and playground equipment.
___ Yes ___ No
- Medications, vitamins, and household products are stored in their original containers, and locked up out of children's reach.
___ Yes ___ No
- Our home has first aid supplies readily available.
___ Yes ___ No
- Our home has poison control center and emergency medical service numbers listed near every telephone.
___ Yes ___ No
- Our children's car seats have been checked by at a permanent checking station for proper installation and for recalls.
___ Yes ___ No