

## Burke County Recreation Department Basketball Rules

**THESE RULES SUPERSEDE ALL OTHER LEAGUE RULES PRINTED BEFORE Oct 21st, 2019**

NOTE: All community youth sports coordinators, coaches, parents, players, fans and interested parties: The rules listed below will be used to govern all youth sporting events sponsored by the Burke County Parks & Recreation Commission and the Burke County Parks & Recreation Department. It is your responsibility to read these rules and follow them. You should make no assumptions regarding these rules. If you have questions relating to the rules, you must call the BCPRD at 828-764-9090 for an explanation. Failure on your part to follow this procedure will not invalidate these rules.

- A. It is the aim of the Burke County Recreation Department to provide a healthful, wholesome, organized, athletic program for the youth of Burke County.
- B. The objective of the Burke County Recreation Department is to provide a wholesome leisure-time activity for all persons interested in the fundamentals of sportsmanship.
- C. Unsportsmanlike conduct, poor attitude, disrespects, vulgarity, or profanity will not be tolerated at any time.
- D. We strive for the best program possible for all interested persons, and only proper conduct and attitude of the participants can, in turn, insure a wholesome program. We expect the cooperation of all those participating in the program, and we will not let it be spoiled by a few.

Major emphasis of this program is to:

- 1. Provide youth an OPPORTUNITY for fun and enjoyment through a great program.
- 2. Teach youth skills and techniques.
- 3. Practice good sportsmanship and physical fitness.

This program will always promote safety first, encouraging only programs with strict controls over age, and proper behavior of participants, adult coaches, and spectators. These rules are for all teams participating in the Burke County Recreation Department youth leagues.

### **I. LIABILITY/INSURANCE**

A. The Burke County Board of Commissioners, its employees, directors, sponsors, coaches, managers, referees or any other supervisory personnel are not responsible for injuries or damages real or imagined to participants, coaches, fans, spectators, or other individuals or damage to property associated with the planning, organizing, and administering of the Burke County youth athletic program. This is entirely the responsibility of the person participating: players, coaches, managers, officials, parents, & spectators.

### **B. All of the Above People Participate at Their Own Risk.**

C. While physicals are not required to participate in the Burke County youth programs and activities, it is recommended that parents take all necessary precautions to ensure their children are physically able to participate.

D. The Burke County Recreation Department does not provide accident, injury, liability or hospitalization insurance for officials, participants, coaches or fans participating in/viewing practices, games, tournaments or travel to and from these events. Please consider your own health, experience and tolerance for risk before participating in any of the programs and activities offered by our department.

E. Insurance coverage for participating in programs and activities offered by the Burke County Rec. Dept. is not required but is strongly recommended. Insurance coverage may be available through your community sponsored youth sports organization, group, or club. Contact your community coordinator for more details.

## II. PLAYER ELIGIBILITY:

**BIRTH CERTIFICATES:** All players must have a valid birth certificate to register to play with your community organization. It is up to the Youth Coordinator in each community to verify a player's age. If a protest is later filed on the issue of a player's age, the Burke County Recreation Department will contact the Youth Coordinator to request that the player's birth certificate be brought to the Recreation Dept. Office for verification. The request must be completed by the Youth Coordinator within 48 hours or a reasonable time period as determined by the Recreation staff.

**\*\*\*IMPORTANT** - Before a participant is eligible to play, he/she must: 1. Be the correct age, (2), have a player contract signed by his/her parent and/or legal guardian on file in the recreation department no later than the first scheduled game, (3) have his/her name on the team roster, (4) have his/her assigned team uniform number on the team roster beside his/her name, and (5) be signed up in the correct school district as defined below. A failure to comply with any one or more of the five items listed above will result in a forfeit of any and all games he/she participates in - if a protest is filed by the opposing head coach. (Also, refer to the sections on player eligibility and protests).

Playing Districts (player eligible): For the purpose of the Burke County Youth Athletic Leagues, the boundary lines will be defined as the elementary school districts. Eligibility will be determined by the elementary school the player is attending. For example: if a child is attending Drexel Elementary, he/she must sign up and play for the Drexel Youth Sports programs. (note\* if a child is in the fifth grade at Drexel and plays at Drexel, then next year the child attends Heritage, which is where the school system sends them, they must stay and play at Drexel. However, if you attended Drexel in the fifth grade and the next year you attend Table Rock, which is not where the school system sends you, you will then play for any program under the Table Rock district. When you decide where you will play you must remain there until you change middle school districts again, or you age out.

A summary of this rule follows:

A. All players must first sign up and play where they attend elementary school. Failure to do so will make players ineligible to play elsewhere if their school doesn't have a team for them.

B. A player plays for the elementary sports program where their most recent playing history is once he/she starts attending middle or high school.

C. If an elementary school teams' roster is full, you may play for another program within your middle school district. The sports coordinator for the district that is full must notify the recreation department that the roster is full and that they will not accept more players. In this situation, if applicable BCRD has authority to determine which program within your middle school district is an option for players on a numbers basis. This option is good only for that sport for that year. The following year he/she must return to the program at the school they attend.

D. Home schools, charter schools, and private schools will play for the elementary school they would attend based on their residence and the Burke County Public school districts. **Exception:** If your charter school or private school offers a team sport, in your age group that plays in the Burke County Recreation league you must play for that charter or private school you attend.

E. If an established elementary school district does not have a youth sport team, the participant has the option to sign up and play for another youth sports organization that offers that sport within the middle school district you attend. However, the child must return to the original school district for the next sport. In this situation, if applicable BCRD has authority to determine which program within your middle school district is an option for players on a numbers basis. If an established elementary school district does not have a youth sport team in any given sport, and a player chooses a different elementary school youth sport team to play for within their middle school district then that player must continue to play for that sports program until the elementary school you attend has a team or until the team they have selected to play for no longer has a team.

F. If none of the youth organizations in your middle school district offers a sport (baseball, softball, soccer, basketball, football, etc.), then the child can sign up and play for a youth sports organization outside his/her middle school district. In this situation, if applicable BCRD has authority to determine which program within your middle school district is an option for players on a numbers basis.

G. For the purpose of the Burke County Youth Athletic leagues, the Burke County School District lines (as listed above) will also be defined as the playing districts for players. As the Burke County School Board redraws these districts (both the middle and elementary schools) the new district lines approved by the Burke County Board of Education will automatically become the new district lines for the Burke County Recreation Commission's Youth Athletic leagues (the Burke County School Board district lines and the Burke County Recreation Commission youth athletic playing districts will match). All changes in the district lines will take effect on the same day that they become effective for the Burke County Board of Education. The Burke County Recreation Commission will not vote to approve district lines - they will be automatic.

**ELEMENTARY**

**MIDDLE SCHOOL DISTRICT**

DREXEL

HERITAGE MIDDLE  
DREXEL, VALDESE,

FOREST HILL

LIBERTY MIDDLE  
FOREST HILL, MULL, SALEM,

G. HILDEBRAND

EAST BURKE MIDDLE  
G. HILDEBRAND, HILDEBRAN, ICARD, RAY CHILDERS

GLEN ALPINE

TABLE ROCK MIDDLE  
G ALPINE, W.A. YOUNG, OAK HILL

HILDEBRAN

EAST BURKE MIDDLE  
G. HILD, HILDEBRAN, ICARD, R CHILDERS,

HILLCREST

WALTER JOHNSON MIDDLE  
HILLCREST, MOUNTAIN VIEW  
SOME OF FHILL

ICARD

EAST BURKE MIDDLE  
G. HILDEBRAND, HILDEBRAN, R CHILDERS, ICARD

MOUNTAIN VIEW

WALTER JOHNSON MIDDLE  
HILLCREST, MOUNTAIN VIEW  
SOME OF FHILL

MULL

LIBERTY MIDDLE  
MULL, SALEM, FOREST HILL

OAK HILL

TABLE ROCK MIDDLE  
GLEN. ALPINE, WA YOUNG, OAK. HILL,

RAY CHILDERS

EAST BURKE MIDDLE  
HILDEBRAND, ICARD, HILDEBRAN, R.CHILDERS

SALEM

LIBERTY MIDDLE  
MULL, SALEM, F. HILL

VALDESE

HERITAGE MIDDLE  
VALDESE, DREXEL

WA YOUNG

TABLE ROCK MIDDLE  
GLEN. ALPINE., WA YOUNG, OAK HILL,

1. Any Team that participates in a program that is sponsored by Burke County Parks and Recreation is prohibited to play, practice, or scrimmage a team outside of Burke County while the program is going on. The only exception is the teams that participate in Western Youth.

RESTRICTIONS APPLYING TO OUT OF DISTRICT/SIGN-UPS BY SPORT: A. No more than 4 players on an outdoor soccer team. B. No more than 4 players on an indoor soccer team. C. No more than 4 players on baseball team. D. No more than 4 players on a softball team. E. No more than 4 players on a basketball team. F. No more than 8 players on a football team.

1. A participant must play in one-half of the regular season games to be eligible for any post season play.
2. No regular season games or tournament games will be rescheduled because of a child's participation in some other game, tournament, camps, special interest classes, etc.
3. A player contract MUST be on file with the Recreation Dept. PRIOR to player participating in league play.
4. Players participating on middle school or high school teams may not be added to a recreation team's roster until their name is first removed from the middle school or high school roster and it is in writing at the BCRD office. They must also meet the deadline for adding players. Players cannot participate in both during the same season.
5. If a child has participated on a travel sports team (EX. AAU, USSSA, YBOA, etc.) high school team, middle school team in a sport or has been on a roster of any of these teams, who played within the last year, he/she can only participate on an "A" league team. (This rule does not apply to Baseball / Softball / Outdoor Soccer)

**NOTE: If there is no "A" league, for an age group in a sport, then an "A" player can play on a "B" team with the following exceptions. 1. No more than two "A" players can participate on one team. But if there is an "A" league for a particular age group then "A" player must play in it.**

6. Any player that meets the eligibility requirements for one league will not be allowed to play up in the next age group. There is one exception associated with this rule. If a community does not have enough to field a team, or they are full in the Pre-Pee Wee division, 6-year old's may play up in Pee Wee's--- this age group ONLY will be allowed to play up. This applicable to all BCRD sanctioned youth sports leagues EXCEPT Football.

1. Do not sign up ineligible players on your team. Ineligible players participating in a game will result in the team with the ineligible player (if a valid protest is filed) forfeiting all games that the ineligible player (or players) participate in.

PENALTIES FOR USING ILLEGAL PLAYERS - Teams using illegal (ineligible) player(s) will forfeit all games in which illegal players have participated. Illegal players are defined as:

- A. Player(s) too old or too young
- B. Playing outside their (the player's) district
- C. Playing players who weigh too much
- D. Playing a player who is wearing another player's jersey
- E. Playing a player who is playing under another player's name (whether on the roster or not)
- F. Playing a player who is using another child's birth certificate
- G. Playing a player whose birth certificate has been altered
- H. Playing a player without an ID card
- I. Playing a player using another child's ID card
- J. Playing a player whose does not have a signed youth contract on file with the Recreation Dept.

**IN ADDITION** to forfeiting all ball games, the head coach of the team found using an illegal player(s) will be suspended from coaching any youth sports teams sponsored by the Burke County Recreation Commission for a minimum of **ONE (1) year**. Also, the associated youth sports organization will be fined \$250.00.

### **OUT OF COUNTY PARTICIPANTS**

Out of county players may be allowed to participate in county leagues (all sports) with the following requirements: (BCRD defines out of county, as any participant that attends a school outside of Burke County) 1. All out of county players must sign up through Burke Co. Recreation & Parks Dept. 2. Each player will be assessed a non-refundable \$50 registration fee payable to Burke Co. Recreation & Parks Dept. 3. Each player will be assigned to a community and team by the Athletic Director at his discretion based on community numbers/needs and available information at the time. There will be NO appeal of the assignments whatsoever. 4. These assignments will be made on a case by case basis at the discrimination of the Athletic Director. Player assignments will be made separately for each sport and for each year. Any player and/or coach caught violating this rule (using illegal players) will be suspended from play, all games forfeited, and the respective community organization will be fined \$500.00.

### **III. HARDSHIP APPEAL PROCESS:**

**This process applies only to the playing districts a child must sign up and play in. This appeal process does not apply after an illegal player has been caught playing for the wrong team. All hardship requests must be made 30 days prior the season start date.**

Step 1: A parent or legal guardian must present a written or typed appeal to the Burke County Parks & Recreation Department Athletic Supervisor with contact telephone numbers, or they may call and schedule an appointment with the Athletic Supervisor at 828-764-9090. After the Athletic Supervisor has rendered a decision, you will be notified.

Step 2: If a parent or legal guardian wishes to appeal the decision rendered by the Athletic Supervisor, they may do so by appealing to the Burke County Recreation Commission.

2A. You must call the chairman of the BCPRC and request permission to be on the agenda of the next Parks and Recreation Commission meeting. In order to be added to the agenda, you must make this request at least 2 weeks before the next meeting date. These meetings are held monthly on the fourth Thursday of each month at 12 Noon at the Foothill Higher Ed Center located at 2128 S. Sterling Street, Morganton.

2B. If you are granted permission to be on the agenda, you must attend the meeting and present the facts of your situation to the Burke County Parks and Recreation Commission. Upon hearing your presentation, they will research the facts of the case and render a decision.

2C. The decision rendered by the Burke County Parks and Recreation Commission is FINAL – there is NO other appeal.

2D. Favorable appeals are exceptions to the Youth Sports by-laws and are not rendered without much research, thought and evaluation. Therefore, you must be prepared to present a compelling case based on documented facts to get a favorable ruling.

### **IV. Definition of Youth Sports Foundation:**

Youth Sports Foundation will be an eleemosynary (nonprofit) organization with a tax-exempt status approved by the US Department of Treasury and issued by the Internal Revenue Service as described in Section 501(C) of the Internal Revenue Tax Code. A qualifying organization will be issued a tax-exempt number by the IRS if they qualify. There are exact guidelines which include:

1. Written by-laws
2. Elected/non-paid officials.
3. How tax returns must be handled.
4. Record keeping procedures.

**The Burke County Recreation Commission reserves the right to request the tax-exempt number of any Youth Sports Organizations participating in the programs offered by the Burke County Recreation Commission.** Any existing Youth Sports Organization that does not currently have a tax-exempt number is encouraged to start the paper work necessary to obtain this status. Organizations operating without a tax-exempt status have certain obligations as defined in the Internal Revenue Code. Areas you should be concerned about include:

- A. Federal Insurance Contributions Act (Social Security taxes)
- B. Income Taxes (filing income tax returns)
- C. Contributions to your organization may not be considered legitimate tax deductions as provided in Section 170 of the Federal Tax Code.
- D. Additional North Carolina tax codes could be applicable as well (admission, or sales tax, etc.)

NOTE: The Burke County Recreation Commission assumes no tax liability for funds transferred to you to support the Youth Sports programs offered by your organization. If you have additional questions, a toll-free IRS telephone number is: 1-800-829-1040.

New sports programs (from an elementary school district) will be allowed (on a sport by sport basis only), if justification of support can be proven to the Burke County Recreation Commission and the Burke County Recreation Department. In the event that the new community program jeopardizes an established program, the new program will automatically send players back to the established community program so that the established community programs will not fail, and so that participants from both districts will have a team to play on.

## V. AWARDS

1. Pre-Pee Wees will be given participation medals. Individual trophies will be awarded to the champion in each league. League champions will be decided by the win-loss record within their division. In case of a tie, and for playoff seeds; the following procedures will determine a champion: A. Head to head competition. B. If procedure A fails, then there will be co-champions, tri-champions, etc. C. In the case of a regular season tie, a play-in game will take place (If time allows) to determine a playoff seed. D. If more than one seed is yet to be determined then a drawing will determine the seeds.

2. If a sport program warrants an all-star team the coach from the 1<sup>st</sup> place team in each division will be awarded the right to coach and select the players that will play for that divisions all-star team that will represent Burke County in post season tournaments. These teams will pick players from within their respective divisions only. There will be a minimum of one (1) player selected to play on the all-star team, from each team within the division and with a maximum of four (4) players off any one team in baseball and softball only.

3. The community organization that has teams participating in post or preseason tournaments is responsible for all finances of the teams for the duration of the tournament. The County will pay tournament entry fee on post season Tournaments. Any sanctioning fees necessary for tournament eligibility are the responsibility of the organization.

## VI. DISCIPLINARY ACTION, CONDUCT, AND PENALTIES

**Special notice: Under no circumstance is it lawful for two different age groups to practice together or scrimmage one another. Ex: Pee Wee vs mighty mites, or mighty mite's vs midgets. Strict age and weight limits are established for safety purposes. The liability for such actions will be on the coaches and communities. Coaches caught violating this policy will be suspended indefinitely.**

1. Any player, coach or other adult supervisor caught cheating or misrepresenting any records and proven guilty shall be suspended from the league indefinitely. Any player or coach whose conduct is unbecoming, who curses, is unsportsmanlike, or in any way is ungentlemanly, will be subject to the following action (refer to Rules of Conduct). Game officials will report violations to the Athletic Director, who will take appropriate action. Game officials have the authority to stop any ball game because of the conduct of players, coaches, spectators, etc. After he/she gives the coaches a chance to correct the situation.

2. In the event a team fails to respect the officials' authority or decisions, the officials have been instructed to forfeit the game to the other team after one (1) warning has been given that such action will be taken. And if a coach or assistant coach is ejected from a game, he/she will leave the gym or ballfield, including the stands. If he/she refuses to leave, the game will be forfeited.

3. Fighting among participants will constitute automatic ejection AND suspension for the remainder of the season.

4. Verbal abuse, obscene gestures or threats to Burke County officials, opposing players, coaches or fans before, during or after games will force automatic suspension from the league.

5. In any discussion on the field with an official, only the head coach or acting head coach will be allowed to enter the discussion. However, the coach cannot come on to the field. The official will come over to the sidelines to discuss the matter with the coach. However, the coach must call "time-out" first.
6. The officials (field supervisors, game officials, deputies, or officials) who work for Burke County Recreation Department games will make a report to the Recreation Director or Athletic Director on any of the conditions listed below that in their opinion happens at or on the ballfield, the gym, or adjacent facilities and property including parking lots.
7. These violations that occur during a game will result in an automatic suspension handed out by the Athletic Director and/or the Director of Recreation. The Athletic Director and/or Director of Recreation will notify the Community Coordinator of the suspension, and they will be responsible for notifying the affected player(s), coach(s), fan(s), etc. These suspensions cannot be appealed. However, if the actions by these individuals or groups are deemed "grievous" offenses, then the Burke County Recreation Commission reserves the right to review these circumstances and add to the penalties imposed by the Athletic Director and/or Director of Recreation. A penalty to a player or coach means they cannot attend practices, games or tournaments while they are under suspension. A violation of this rule will result in your suspension from all county sponsored programs and facilities (owned, leased, rented, or otherwise used, etc.).
8. If any player, coach, assistant coach, fan, or any other adult or child associated with a team breaks any conduct rules for a second time, such action could result in the team's suspension from the league for the remainder of the season and possibly from any future participation with the Burke County Recreation Department leagues. At the time of their first offense, the individual will be notified what action will be taken if they refuse to correct their behavior, and the penalty will be enforced.
9. The Burke County Recreation Commission will take legal action against any coach or spectator who physically accosts an official. This is in addition to other disciplinary action set by the rules and regulations listed above.
10. Each head coach must provide the Burke County Recreation Commission with the name of spectators or other coaches who accost or intimidate an official or players.
11. Any team member, coach or fan caught willfully damaging or destroying property owned, leased, or operated by the Burke County Recreation Department will be prosecuted. Unmarked patrol cars, as well as several undercover patrolmen will be patrolling our facilities. They have been instructed to watch for individuals breaking any of the Commission's rules (taking or distributing drugs, drinking alcoholic beverages on park property, etc.). THANK YOU FOR YOUR COOPERATION.
12. Boisterous behavior and unsportsmanlike conduct by spectators such as yelling and screaming at participants, profane language or gestures, and public threat or physical violence will constitute partial or permanent suspension at the discretion of the recreation staff/community coordinators/referees. The use of profanity or alcoholic beverages at the game site will cause the offender to be removed from the site.
13. If fans are acting in an unsportsmanlike manner, the officials shall seek help from the community coordinator to quiet the fans and/or to determine which community they represent. If, after a reasonable time determined by the officials, fans do not settle down, officials may call a forfeit against the team whose community the guilty parties represent. If there is still a question as to the identity of guilty parties at the end of the reasonable time, then the officials may either declare a double forfeit or request that the gym be cleared of all spectators until the game has been completed.
14. Any player, fan, parent, or coach removed from a game for unsportsmanlike conduct will be suspended from the league for up to the time periods listed below. This could also include ANY or ALL post season play.
- |                            |                                  |
|----------------------------|----------------------------------|
| A. Unsportsmanlike conduct | 10 day suspension                |
| B. Profanity               | 10 day suspension                |
| C. Threatening an official | Suspension for season            |
| D. Hitting an official     | Suspension indefinitely          |
| E. Drinking                | Suspension for season            |
| F. Fighting                | Suspension for season            |
| G. Possession of a weapon  | Suspension for at least one year |

- |                             |  |
|-----------------------------|--|
| H. Drug law violations      | Suspension pending the disposition of the charges. |
| I. Taunting                 | 10 day suspension                                  |
| J. Other charges/violations | same as Item H. above                              |

DECISIONS: NOTE: The Recreation Director or Athletic Director, after reviewing the report of the officials, will, if necessary, carry out the above rules. A penalty to a player or coach means they cannot attend practices, games or tournaments while they are under suspension. A violation of this rule will result in your suspension from all County sponsored programs for one year. Disciplinary action taken by the Director of Recreation and/or Athletic Director will be automatic and can only be appealed to the Director of Recreation. Action will be administered. **NOTE: The BCRD possesses authority to impose any penalty in partial or to the full extent allowed based on the nature of the infraction. However, the Burke County Recreation Commission reserves the right to extend the penalties if the conduct of the parties involved is deemed to be of severe nature.**

**PENALTIES/PUNISHMENT (YOUTH SPORTS ORGANIZATIONS)** - The Burke County Recreation Commission reserves the right to punish youth organizations and/or their duly appointed and/or elected officials (youth sports coordinators, coaches, etc.) when they act in ways inconsistent with the By-laws, rules, policies and/or procedures established by Burke County Recreation Commission. Punishment shall include a suspension from league and tournament play, a fine, and/or both. The suspension can be from several days to several years depending on the severity of the violation(s). When the Burke County Recreation Commission deems that a serious violation has occurred, an appropriate punishment will be imposed. A letter will be mailed to the appropriate official informing them of the penalty. Appeals may be submitted in writing to the Chairman of the Burke County Recreation Commission. The Chairman will decide if an appeal has merit. His/her ruling is final. THERE IS NO OTHER APPEAL PROCESS.

**EXTENDED PENALTIES** - The Burke County Recreation Commission reserves the right to review actions taken by the Recreation Director or Athletic Director and to assess additional penalties (additional fines, suspension time, and/or a fine).

**VII. GAME CANCELLATION POLICY**

Normally games are not canceled or postponed. However, there may be safety issues which must overrule normal circumstances (example: tornado warnings, snow, ice, etc.) When conditions require postponement of a game before the game starts, the gym, BCRD, or field supervisor will make this decision. However, after the game starts, this decision will be made by the officials. Remember -- GAME TIME IS FORFEIT TIME --- NO EXCEPTIONS. NOTE: If weather conditions require postponing a game early in the day, the Burke County Recreation Department will make the decision and notify the community coordinators from each community. It will be the responsibility of the coordinators to contact their youth coaches who will be responsible for contacting the players.

**NOTE: Because of the large number of teams participating in the Burke County youth athletic programs, requests to reschedule games cannot be honored. We will make every effort to schedule around school events presented to us at the deadline dates listed on the Youth Sports Calendar. You can also list other activities (non- school related events) at this time. You should know it is not possible to schedule around everyone's personal schedules. Regular season games, tournament games, and school events have priority. Simply turning in these possible conflicting dates will not guarantee that you will never have any conflicting dates, however.**

**VIII. PROTESTS**

Protests can only be made concerning the eligibility of a player (refer to Page 2, Item III). Protests must be submitted in writing by the head coach to the Recreation Department by 5 PM on the next working day following the game in question. The burden of proof is on the coach filing the protest. Bring support documentation when you file your protest. If a team is caught using an ineligible player, the team must forfeit all games the ineligible player participated in. ***The penalty for using an ineligible player is harsh -- read and make sure you read and understand the league rules. It is your responsibility to read the rules and follow them. You should make no assumptions regarding them. If you have questions regarding them, you should call the Department at 828-764-9090 for an explanation. Failure on your part to follow this procedure will not invalidate them.***

## **IX. COACH-TEAM ROSTERS**

A. Each roster must have the Head Coach's name, mailing address, and telephone number. Rosters **MUST** be signed by the Head Coach before the first game in order to be considered eligible.

B. Each roster must have the Assistant Coach's name, mailing address, and telephone number. This rule applies to anyone who plans to be on the sidelines with any team during any game (may submit additional sheets if necessary).

C. If a coach or assistant coach changes his address, phone number, etc., he/she **MUST NOTIFY** BCRD at 828-764-9090.

D. Also, only those individuals whose names are listed on the team roster turned into the main office and who have had a background check ran and completed by BCRD (coach, assistant coaches, trainers, or water boy included) will be allowed on the sidelines or the playing field or court with their respective teams. In short, when a team changes its coaches, assistant coaches, etc., they must notify BCRD at 828-764-9090 in order to maintain their eligibility.

E. Anyone not listed on the roster will be considered ineligible to be on the playing field or court.

F. A telephone call is all that is necessary to drop a coach and add a new one.

G. No more than the numbers listed below will be permitted on a team's sidelines during games. For example: any combination of coaches, assistant coaches, trainers, and water boy. Football - 4 coaches, Indoor and Outdoor Soccer - 2 coaches, Baseball – 3 coaches, Basketball - 2 coaches.

H. All volunteers and coaches working with youth athletics leagues that participate in leagues sponsored through Burke County Parks and Recreation will be required to go through an annual background check prior to the start of each sport season. Background checks must be performed by the company selected by the Burke County Parks and Recreation Department.

I. If a community elects to have 2 teams in an age group, the teams must be divided by community coordinators so that each team will be balanced as far as age, talent, and number of players on a team. These teams must be as equally divided as possible. No more loading up one team. Unless it is an A division team in basketball. If the recreation staff feels that two teams are not balanced, the head coach and community coordinator will be removed for the remainder of the season.

I. No player will be added to a roster after 5:00pm on Friday 12/20/2019.

## **X. ELIGIBILITY DATES: All participants must participate in the age divisions as defined below.**

PRE-PEE WEES: must turn 5 before 8/31/19, cannot turn 7 before 8/31/19. If a community does not have enough to field a pre-pee wee team, 6-year olds may play up in Pee Wees--- this age group **ONLY** will be allowed to play up.

PEE WEES: cannot turn 9 before 8/31/19, must turn 7 before 8/31/19.

MIGHTY-MITES: cannot turn 11 before 8/31/19, must turn 9 before 8/31/19.

MIDGETS: cannot turn 13 before 8/31/19, must turn 11 before 8/31/19.

JUNIORS: cannot turn 16 before 8/31/19, must turn 13 before 8/31/19.

**NOTE: All player(s) must play in the division where their age requires. No player(s) will be allowed to play up a division or play down a division.**

## **XI. EQUIPMENT**

1. All teams must furnish their own numbered uniforms and equipment. Jerseys must be numbered in white (or if jersey color is white, with colors easily read from a distance). #1 and #2 are legal numbers in the Burke County leagues. Each player must wear gym shoes (rubber sole shoes).
2. All equipment used in the Burke County Youth Basketball leagues must meet or exceed safety guide lines of the CPSC and/or the ADA. All other equipment is illegal and cannot be worn by players practicing or playing in Burke County Youth Basketball leagues.
3. Hosting community must provide first aid kits. At minimum, these must include adhesive tape, elastic ace bandages, bite block or oral screw, band aids, rubbing alcohol, antibiotic cream, gauze rolls, pads, cotton, hot and cold packs. It is the home community's responsibility to have qualified personnel (nurse/EMT/EMS-qualified) who can administer first aid on hand at each game.
4. Pre-Pee Wees use a (27.5) size ball. Pee Wees, Mighty Mites, Midget and Junior Girls use a size (28.5) ball. Junior Boys use an official high school regulation size ball (29.5).

## **XII GENERAL RULES:**

- A. \*All youth basketball teams participating in the Burke County Recreation Leagues are restricted to two hours of practice per week. Practices will be assigned by the youth basketball coordinator and cannot start before November 1<sup>st</sup>. if caught the head coach will be suspended for a period of 6 months for a violating these rules. a second offense will result in permanent suspension.
- B. The recommended roster limit will be ten [10] players per team.
- C. Lineups must be turned into scorekeeper ten [10] minutes prior to posted game time.
- D. In the case of color conflicts in jerseys, the home team will make the necessary changes.
- E. It is mandatory that every player play in each game. This rule applies to all age groups. COACHES are responsible for making certain this happens. If a player is being penalized from playing time, because of not showing up for practice, misbehaving in or at school, or some other circumstance. The coach must make this known to the parents and BCRD prior to the next game. A coach caught not playing every player will be suspended for 2 weeks for the first offence and for the season for the next offence. Exception made only if Burke County Parks & Rec. Dept. is notified prior to game and a qualifying explanation is given.
- F. There will be mandatory substitutions in the first, second, and third quarters in all leagues except Pre-Pee Wee. Pre-Pee Wees have a mandatory sub rule in effect for all four periods. There will be no restriction on substitutions during the fourth quarter in Pee Wee, Mighty Mites and Midget leagues.
- G. No more than ten (10) players per team - When ten players are present for a game, the coach must play one (1) five-man unit for the first half of the first, second, and third quarter. The remaining five players must play the second half of the first, second, and third quarter. When less than ten are present, whoever is on the bench must go in to play, the coach may select from the first unit players needed to complete the second unit. If a player is late for a game, it is not necessary that he/she go into the game immediately.
- H. All games in all leagues will jump center to begin game & all overtimes. All other jump ball situations will be determined by alternating possessions.
- I. The full court press can now only be used during the last two- (2) minutes of the game and any over-time. Teams may half court press anytime, but a team cannot press when that team has a ten (10) or more point lead in a game, they must play a zone defense inside the 3-point arch. Penalty: first offense - warning and team being pressed retains possession. Second offense and thereafter - technical foul (one shot) will be called. **This rule does not apply to the Junior and Senior leagues.**
- K. NO DUNKING or attempting to dunk before, during or after a game will be allowed. Penalty: Technical foul and ejection from game and next game. Coach will also receive technical.

L. Teams will be in bonus situation (one and one) each half on the seventh (7) team foul. Teams will shoot two shots at 10 fouls each half.

M. Each team will be allowed three (3), thirty (30) second timeouts per game. Timeouts that are not used may be carried over to overtime periods. One (1) additional timeout will be allowed per overtime period.

N. Time between second and third quarters and/or the first and second halves will not be more than 5 minutes. Can be less than 5 minutes if the games are running behind scheduled starting times.

O. All leagues - in case of tie at end of a regulation game, winner will be determined by no more than two (2) three-minute overtime periods. If the game is still tied at the end of the second overtime, the game will remain a tie game.

P. In the case of an injury or illness during the game, injured player's coach may select the substitute.

Q. The clock will stop exactly at the halfway point of the first, second, and third quarter. For Pre-Pee Wee thru Midgets leagues. Possession will be determined by the following:

1. If the offense elects to try a shot at the horn and the horn goes off before the shot leaves the shooters hand then offense retains possession.

2. If the offense elects to try a shot at the goal and the horn goes off while ball is in flight and ball goes in, the shot counts and opposing team gains possession. If the horn goes off while ball is in flight and ball does not go in, opposing team gains possession.

R. The three-point shot will be in effect for Mighty Mite through Junior divisions.

S. Foul Lines Foul shots will be made 3 ft. in front of the existing foul line on the court for Pre-Pee Wees, Pee Wees, Mighty Mites and Midgets. Free throw violations occur by crossing the front line only. All Junior & Senior leagues will shoot from the back line. Free throw violations occur by crossing the back line only. Only the three blocks starting with the bottom will be occupied during free shots. Gyms using hang on goals have to alter the lane to keep players in proper position.

T. A coach receiving 3 technical fouls during a season will suspended for the remainder of the season.

V. All hard casts from the elbow to the hand are prohibited. Any other casts must be padded and approved by the game officials before the player can play. NO JEWELRY!

### **XIII PLAYING RULES**

National Federation of State High School Association Rules will be observed unless there is a conflict with the Burke County Youth Basketball rules. Basketball rules published by the Burke County Recreation Commission takes priority. PLEASE REFER TO PARTICULAR LEAGUE FOR EXCEPTIONS TO PLAYING RULES.

**A. PRE PEE WEE COED LEAGUE** - There will be no A league for this group. No score will be kept in this league. Games will consist of four (6) minute quarters or 45 minutes, whichever comes first. No pressing allowed. All defense must play a zone (either a 2-3 or a 3-2. and must be in the 3-point arc). Pre-Pee Wees have a mandatory sub rule in effect for all four periods. Pre Pee Wee will use a (27.5) size ball.

#### **B. PEE WEE GIRLS & BOYS –**

1. A. Length of games will be four (6) minute quarters.

**C. MIGHTY-MITE & MIDGET GIRLS & BOYS** - There will be an A & B division offered in this league.

1. Length of games will be four (6) minute quarters.

2. Three-point shot will be in effect for both A & B divisions.

#### **D. JUNIOR BOYS & GIRLS.**

Junior Boys will use an official size ball (29.5) and the Junior Girls will use a (28.5)

1. Length of games – two (2) sixteen-minute halves with a running clock. Each player must play a minimum of 8 minutes per game – (4) minutes per half. Clock will stop only on shooting fouls, time-outs and the last two minutes the second half. In case of overtime, clock will stop as in regulation game.

2. 3-point shot rule is in effect.

3. Juniors will use the back-foul line.